

# Welcome to the Wandersister Community

## The Ultimate Companion Vetting Guide for Solo Women Travelers 50+

They say that traveling solo is the ultimate act of freedom. It is a chance to hit the reset button, explore new cultures at your own pace, and rediscover who you are. But let's be honest: while traveling alone is deeply empowering, there are times when an adventure is simply better when shared with a like-minded "sister."

Whether you want to split the soaring costs of boutique accommodations, ensure an extra layer of safety during night strolls, or simply have someone to share a bottle of local wine with at sunset, finding the *right* travel companion is everything.

The wrong partner can turn a dream vacation into a stressful ordeal. The right partner becomes a lifelong friend—a true Travel Sister.

### **How to Use This Toolkit:**

This guide is divided into three critical vetting stages: **Financial Alignment**, **Daily Rhythms**, and **Safety Boundaries**. Before you book a single flight or hotel room with a potential travel companion, sit down over a coffee or video call and work through these exact checklist prompts together. Clear communication upfront guarantees an unforgettable, friction-free journey.

Your next great adventure is waiting. Let's find the companion to share it with!

[wandersister.com](http://wandersister.com)

# Stage 1: Financial & Comfort Alignment

Friction on the road almost always starts with money. Before you talk about destinations, you must align your travel budgets:

- *Lodging style:* Are we booking boutique luxury hotels, mid-range rentals, or budget-conscious local guesthouses?
- *Splitting expenses:* Will we use an app like Splitwise, or assign specific bills upfront (e.g., *I buy flights, you book accommodation*)?
- *Dining expectations:* Do we prefer fine dining every night, or mixing street food with casual local bistros?

# Stage 2: Travel Styles & Energy Levels

Clashing routines can ruin a trip. Ensure your daily rhythms match before you pack your bags.

- *The Morning Rhythm:* Are you an early bird who loves sunrise walks, or a night owl who prefers slow mornings?
- *Itinerary Pace:* Do you want every hour planned, or do you prefer one main activity a day with plenty of room to breathe?
- *The Alone-Time Agreement:* Agree upfront that it is perfectly okay to spend an afternoon exploring completely separately without any hard feelings.

# Stage 3: The Safety & Crisis Check

A travel sister looks out for you in unfamiliar environments. Establish these boundaries early.

- *Night safety curfew:* What is our comfort level walking back to our lodging after dark? When do we shift to using trusted taxis/Uber?
- *Medical & Insurance:* Do we both carry active international travel insurance? Have we shared our emergency contacts and medication needs with each other?
- *Daily Check-In & Separation Protocols:* If we spend the day exploring different parts of the city alone, what is our system for checking in? At what hour do we text to confirm we are safe, and what specific step-by-step action should the other person take if one of us does not return to our lodging by an agreed-upon evening deadline?

# Your Next Steps

Never book an international flight with someone you haven't tested the waters with first. Meet for a local coffee date, a weekend day trip, or an overnight stay nearby to see how your energies mesh naturally.

Ready to meet your Travel Sister? Come back to [wandersister.com](https://wandersister.com) and join our upcoming vetted directory to connect with solo women travelers just like you!